**Who do I call to get help?**

In Westmoreland County, there are dozens of providers of mental health services. It is not possible to list them all, and it is often easier to have a few critical phone numbers than make ten calls to figure out what it is you may need.

If you have private insurance, you may want to contact the “mental health and substance abuse” number on the back of your insurance card. This will provide you with a list of providers of mental health services that are approved in your plan. Be aware that most insurance companies have different co-pays for mental health services than they do for physical health care.

**National Suicide Prevention Hotline: 1-800-273 TALK (8255)**

**Crisis Hotline and Mobile Program**

Westmoreland Community Action

Toll Free 800-836-6010 | Greensburg 724-552-0305

**Westmoreland Casemanagement and Supports, Inc.**

Provides a point of entry into mental health services, comprehensive Casemanagement and referral services.

Toll Free 800-353-6467 | Greensburg 724-837-8290

[www.wcsi.org](http://www.wcsi.org)

**Value Behavioral Health-PA**

Behavioral health managed care for those with Medical Assistance.

Toll Free 877-688-5977

www.vbh-pa.com

**Excela Health Latrobe Hospital**

121 West 2nd Ave., Latrobe, PA 15650

724-537-1650

**Southwood Psychiatric Hospital**

2575 Boyce Plaza Rd., Pittsburgh, PA 15241

412-257-2290

www.southwoodhospital.com

**Crisis Hotline**

**1-800-836-6010**

**Suicide Hotline (24/7)**

**1-800-273-8255**

**Call 211 for info**

**Mental Health Treatment Programs**

**Crisis Hotline**

**1-800-836-6010**

**Suicide Hotline (24/7)**

**1-800-273-8255**

**Call 211 for info**

**Adult Crisis Information** 724-552-0305 x230

**Axiom Family Counseling Services, Inc.**

Jeannette 724-522-5456

**Behavior Management Consultants**

New Kensington, PA 724-337-0066

**Chestnut Ridge Counseling Services**

24/7 Crisis Line 724-437-1003

Uniontown 724-437-0729

Connellsville 724-626-1849

[www.crcsi.org](http://www.crcsi.org)

**Community Psychiatric Centers**

Greensburg-Monessen 724-850-7200

Monroeville-North Hills 412-372-8000

[www.communitypsychiatriccenters.com](http://www.communitypsychiatriccenters.com)

**Excela Health Behavioral Health Services**

Greensburg 724-832-4450

Latrobe 724-537-1650

[www.excelahealth.org](http://www.excelahealth.org)

**Excela Health Child & Adolescent**

**Inpatient Services** 724-537-1989

**Family Behavioral Resources**

Greensburg 724-850-8118

[www.familybehavioralresources.com](http://www.familybehavioralresources.com)

**Kreinbrook Psychological Services**

Greensburg 724-836-4662

Email: [kps@wvdsl.net](mailto:kps@wvdsl.net)

[www.kreinbrookps.com](http://www.kreinbrookps.com)

**Mental Health Crisis** 800-836-6010

**Intervention Hotline**

**Paula Teacher & Associates, Inc.**

Greensburg 724-837-4090

[www.paulateacher.com](http://www.paulateacher.com)

**Seton Hill Center for Family Therapy**

Greensburg 724-552-0339

**Southwestern Pennsylvania Human Services, Inc. (SPHS)**

Toll Free 800-220-1810

Greensburg 724-832-5880

Latrobe 724-532-1700

Monessen 724-684-6489

New Kensington 724-339-6860

[www.sphs.org](http://www.sphs.org)

**Wesley Family Services**

Daytime Crisis Line 724-335-6242

For More Information 888-222-4200

New Kensington 724-335-9883

Greensburg 724-834-7830

[www.wfspa.org](http://www.wfspa.org)

**Westmoreland Casemanagement & Supports, Inc. (WCSI)**

24 Hr. Crisis Hotline 800-836-6010

Greensburg Toll Free 800-353-6467

Greensburg 724-837-1808

New Kensington Toll Free 877-334-1774

New Kensington 724-334-1774

**DIAL 211**

**Pennsylvania 2-1-1 Southwest**

PA 2-1-1 Southwest is a **FREE** resource and information hub that connects people with community, health and disaster services in 11 counties through a free, 24/7 confidential phone service.

**Mental Health-Related Support Groups**

**Crisis Hotline**

**1-800-836-6010**

**Suicide Hotline (24/7)**

**1-800-273-8255**

**Call 211 for info**

**Catholic Charities**  724-837-1840

711 East Pittsburgh St., Greensburg, PA 15601

*The Counseling Center therapists at Catholic Charities use their knowledge of mental health, human development, social resources, and therapeutic techniques to prevent and treat mental, emotional, and behavioral problems. Our goal is to help you achieve a healthy adjustment in your personal, interpersonal, and social lives, as well as in your families and communities.*

**Mental Health America of Southwestern PA Support Groups** 724-834-6351

Office: 409 Coulter Ave., Greensburg, PA 15601

1. **L.O.S.S.**

**(Loved Ones Stolen By Suicide)**

***Meetings held:*** 1st Tuesday of each month, 6:30-8:30 pm, MHA office, 2nd fl. multi-purpose room

*This is an informal open support group for those who have suffered the suicide death of a loved one. L.O.S.S. offers the opportunity for sharing, support, and encouragement for anyone who has experienced the unique and profound grief of losing a loved one to suicide.*

1. **Loving and Losing Support Group**

***Meetings held:*** Last Wednesday of each month, 7-8 pm, MHA office, 2nd fl. multi-purpose room

*An ongoing support group for those who lost loved ones to an overdose.*

1. **Westmoreland Support Group**

***Meetings held:*** 1st Tuesday of each month, 11 am – 1 pm and 3rd Thursday of each month, 7-9 pm, MHA office, 1st fl. Board Room

*This open support group is a unique and informal opportunity for self-help, sharing, and caring by and for people with mental health concerns.*

**NAMI (National Alliance for the Mentally Ill)**

**Support Groups**

*NAMI offers support groups for individuals, families, and caregivers who are affected by mental illness. The groups are led by trained, peer-facilitators who have experienced mental illness themselves or through a loved one. Support groups are confidential, free of charge, and registration is not required.*

1. **NAMI Mon Valley** **Support Group**

West Hempfield Presbyterian Church

8 West Hempfield Dr., Irwin, PA 15642

***Meetings held:*** 2nd Tuesday of each month except July and December, 7-9 pm

Contact: Harriett Hetrick at 412-596-5071

1. **NAMI Alle-Kiski Support Group**

The Maverick Drop-In Center

314 Central City Plaza, New Ken, PA 15068

***Meetings held:*** 2nd Tuesday of each month, 6 pm

Contact: Marci at 724-335-9883 x526